

New Explorations Mentoring Service

Volunteer Mentor Person Specification

Qualities and Values

New Explorations aims to recruit Potential Volunteer Mentors who have

- An interest in mentoring
- experience of disability
- the potential to be good listeners
- a positive attitude
- a good sense of humour
- a willingness to receive ongoing support and supervision
- a willingness to make a commitment
- openness to change
- the potential to be good observers

Grampian Opportunities respects that ‘one size does not fit all’. We value this in everyone we work with.

New Explorations aims to recruit Potential Volunteer Mentors who share many of our organisation values.

Diversity

Equality

Trust

Honesty

Openness

Shared Experience

Not Being Judged

Validation of Feelings

Personal Space

Having Fun